

● STIR FRY ONLY ● SALAD ONLY
● POKE ONLY ● RAMEN ONLY

CREATE YOUR OWN STIR FRY/POKE/SALAD

\$9.95

STEP 1 BASE



● Egg Noodles (Vg)



● Rice Noodles (Vg) (Gf)



● Udon Noodles (Vg)



● Whole Wheat Noodles (V)



● White Rice (Vg) (Gf)



● Sushi Rice (Vg) (Gf)



● Brown Rice (Vg) (Gf)



● Bean Sprout Base (Vg) (Gf)



Mixed Green (V) (Gf)



No Base

STEP 2 PROTEINS



Roasted Chicken (Gf) +\$4.10



Roasted Steak (Gf) +\$4.95



*Shrimp (Gf) +\$4.95



Seasoned Shrimp (Gf) +\$4.95



Hard Boiled Eggs (V) (Gf) +\$2.00



Scrambled Eggs (V) (Gf) +\$2.85



*Tuna +\$4.95



*Spicy Tuna +\$4.95



Roasted Tofu (Vg) (Gf) +\$3.25



Kielbasa Sausage (Gf) +\$4.10



*Salmon +\$4.95



*Spicy Salmon +\$4.95



● Chashu Pork Belly +\$4.00



● Soft Tofu (Vg)(Gf) +\$3.15



● Grilled Eel (Unagi) +\$5.00

STEP 3 ADD-INS (5 included, each additional one charged at \$0.65)



Bean Sprouts (Vg) (Gf)



Bell Peppers (Vg) (Gf)



Baby Spinach (Vg) (Gf)



Chickpeas (Vg) (Gf)



● Jalapenos (Vg) (Gf)



Curly Kale (Vg) (Gf)



Mushrooms (Vg) (Gf)



Romaine Lettuce (Vg) (Gf)



Cucumber (Vg) (Gf)



Banana Peppers (Vg) (Gf)



Carrots (Vg) (Gf)



Kalamata Olives (Vg) (Gf)



Red Onions (Vg) (Gf)



Mango (Vg) (Gf)



Roasted Cauliflower (Vg) (Gf)



Arugula (Vg) (Gf)



Water Chestnuts (Vg) (Gf)



Broccoli (Vg) (Gf)



Napa Cabbage (Vg) (Gf)



Purple Cabbage (Vg) (Gf)



Grape Tomatoes (Vg) (Gf)



● Crab Stick +\$2.85



Snow Peas (Vg) (Gf)



Pineapple (Vg) (Gf)



Bamboo Shoots (Vg) (Gf)



Edamame (Vg) (Gf)



Green Beans (Vg) (Gf)



Bok Choy (Vg) (Gf)



Beets (Vg) (Gf)



Quinoa (Vg) (Gf)



Corn (Vg) (Gf)



Farro (Vg)



Ginger (Vg) (Gf)

STEP 4 SAUCE/DRESSING

STIR FRY SAUCES

- Sesame Ginger Garlic (Vg)
- Garlic Butter (V)
- Sweet Kikkoman Soy (Vg)
- Honey Sriracha (Vg)
- Spicy Coconut Curry (Vg) (Gf)
- Tangy Thai Chili (Gf)

POKE SAUCE

- OG Sauce (Vg)
- Yuzu Ponzu (Vg)
- Sweet Soy (Vg)
- Yum Yum Sauce (V) (Gf)
- Spicy Mayo (V)
- Sriracha Aioli (V)

SALAD DRESSING

- Homemade Ranch (V)
- Fuedl Caesar (V)
- Balsamic Vinaigrette (Vg) (Gf)
- Raspberry Vinaigrette (Vg) (Gf)
- Italian Dressing (Vg) (Gf)
- Greek Dressing (V) (Gf)
- Spicy Avocado Poblano (V) (Gf)
- Honey Ginger (Vg) (Gf)

RAMEN SOUP BASE

- Tonkatsu Broth
- Shoyu Broth
- Miso Broth

STEP 5 GARNISH/CHEESE ON TOP



Scallions (Vg) (Gf) +\$0.55



Parsley (Vg) (Gf) +\$0.65



Cilantro (Vg) (Gf) +\$0.55



Fresh Lime (Vg) (Gf) +\$0.55



Toasted Sesame Seeds (Vg) (Gf) +\$0.55



Fried Shallots (Vg) +\$0.55



Honey Roasted Peanuts (V) (Gf) +\$0.55



Almonds (Vg) (Gf) +\$0.65



Avocado Quarter (Vg) (Gf) +\$1.00



Seaweed Salad (Vg) (Gf) +\$2.00



Pico de Gallo (Vg) (Gf) +\$0.55



Masago (Gf) +\$1.00



Bacon Bits (Gf) +\$1.50



Crab Stick +\$2.85



Feta Cheese (Gf) +\$1.50



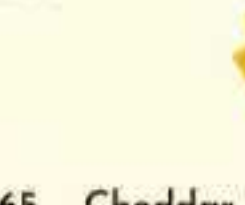
Crumbled Blue Cheese (Gf) +\$1.50



Shaved Parmesan Cheese (Gf) +\$1.50



Cashews (Vg) (Gf) +\$0.65



Cheddar Cheese (Gf) +\$1.50



Nori Strips (Vg) (Gf) +\$0.55



Chili Crisp (Vg) (Gf) +\$0.55



Tortilla Strips (Vg) +\$0.55



Fish Cakes (Gf) +\$0.55

CREATE YOUR OWN SMOOTHIE \$6.95

(Include 1 Fresh Fruit or Veggie)

BASE

- Ice
- Greek Yogurt (Vg) (Gf)

FRESH FRUIT

+\$0.65/each

- Strawberry (Vg) (Gf)
- Mango (Vg) (Gf)
- Banana (Vg) (Gf)
- Blueberry (Vg) (Gf)
- Pineapple (Vg) (Gf)
- Avocado (Vg) (Gf) +\$2.00

FRESH VEGGIES

+\$0.65/each

- Baby Spinach (Vg) (Gf)
- Cucumber (Vg) (Gf)
- Curly Kale (Vg) (Gf)
- Carrot (Vg) (Gf)

ADD-INS

+\$1.00/each

- Protein Powder (V) (Gf) +\$2.55
- Cashews (Vg) (Gf)
- Roasted Almonds (Vg) (Gf)
- Honey Roasted Peanuts (V) (Gf)
- Candied Pecans (Vg) (Gf)

SIGNATURE STIR FRY

Sesame Ginger Garlic 12.85
Sesame Ginger Garlic, Egg Noodles, Roasted Chicken, Bok Choy, Carrots, Bean Sprouts, Sesame Seeds

Garlic Butter Noodles 14.40
Garlic Butter, Whole Wheat Noodles, Roasted Steak, Mushrooms, Broccoli, Corn, Cilantro

Sweet Kikkoman Soy 13.60
Sweet Kikkoman Soy, Brown Rice, Roasted Shrimp, Edamame, Red Onions, Roasted Cauliflower, Fried Shallots

 **Spicy Garlic Chicken Noodles 12.85**
Spicy Garlic Butter, Egg Noodles, Roasted Chicken, Red Onions, Jalapeños, Bean Sprouts, Chili Crisps, Scallions

 **Honey Sriracha Chicken 13.40**
Honey Sriracha, Egg Noodles, Roasted Chicken, Bell Peppers, Red Onions, Broccoli, Pineapples, Parsley

 **Spicy Coconut Curry (Vg)(Gf) 12.65**
Spicy Coconut Curry, Rice Noodles, Roasted Tofu, Pineapples, Jalapeños, Carrots, Scallions

 **Tangy Thai Chili (Gf) 10.60**
Tangy Thai Chili, Rice Noodles, Carrots, Broccoli, Bean Sprouts, Green Pepper, Fresh Lime

SIGNATURE POKE BOWLS

 **Yuzu Salmon Bowl (Raw) 13.95**
Norwegian Salmon, Cucumber, Diced Onion, Pineapple, Cilantro, Seaweed Salad, Sesame Seeds, Onion Crisps, Yuzu Ponzu And Spicy Mayo Served Over A Bowl Of White Rice

Umami Spicy Tuna Bowl (Raw) 13.95
Spicy Ahi Tuna, Surimi Salad, Cucumber, Diced Onion, Edamame, Pickled Ginger, Sesame Seeds With Fuel Poke Sauce And Honey Sriracha Served Over A Bowl Of White Rice

 **Hula Shrimp Bowl 13.95**
Masago (Fish Roe), Roasted Shrimp, Surimi Salad, Grape Tomatoes, Edamame, Cucumber, Corn, Poke Sauce, Spicy Mayo, And Yum Yum Over A Bed Of White Rice

Shaka Chicken Bowl 12.95
Roasted Chicken, Avocado, Edamame, Carrots, Pineapple, Cucumber, Corn, Sweet Soy And Yum Yum Over White Rice

Grilled Eel Bowl (Unagi Don) 13.95
Grilled Freshwater Eel, Cucumber, Grape Tomatoes, Sweet Corn, Scallions, Sesame Seeds, With Sweet Soy Over A Bowl Of White Rice

Avocado Kale Bowl (Vg) 12.95
Avocado over Romaine, Purple Cabbage, Kale, with Cucumber, Tomatoes, Corn, Pickled Ginger, Ponzu and Honey Ginger Sauce, then topped with Toasted Sesame Seeds

SIGNATURE SALADS

Each one has been carefully crafted using the freshest ingredients:
Local + Seasonal Vegetables, Proteins + Homemade Recipe Dressings

Fuel Cobb (Gf) 13.95
Balsamic Vinaigrette, Chopped Romaine, Roasted Chicken, Hard-Boiled Egg, Bacon Bits, Apples, Grape Tomatoes, Crumbled Blue Cheese, Avocado

Michigan Salad (Gf) 11.95
Raspberry Vinaigrette, Chopped Romaine, Roasted Chicken, Roasted Almonds, Grape Tomatoes, Cucumbers, Crumbled Blue Cheese, Dried Cranberries

Let It Grain 12.95
Spicy Avocado Poblano, Farro, Spinach, Roasted Steak, Corn, Red Onions, Quinoa, Pico De Gallo, Mild Cheddar Cheese, Tortilla Chips

Spartan Caesar (V) 8.95
Fuel Caesar Dressing, Chopped Romaine, Kale, Grape Tomatoes, Herbed Croutons, Shaved Parmesan, Fresh Lime

Greek Rush (V)(Gf) 12.95
Greek Dressing, Chopped Romaine, Arugula, Grape Tomatoes, Red Onions, Cucumbers, Banana Peppers, Kalamata Olives, Crunchy Chickpeas, Feta Cheese

Honey Ginger Salad (Vg)(Gf) 10.95
Honey Ginger Dressing, Baby Spinach, Chopped Romaine, Carrots, Apples, Red Onions, Candied Pecans

SIGNATURE RAMEN

Tonkatsu Ramen 13.95
A rich and flavorful pork bone broth with house special sesame tare topped with chashu pork, bamboo slices, bean sprouts, egg, corn, fish cake, nori, sesame seeds and scallions
Egg Noodles, Chashu (Pork Belly), Hard Boiled Eggs, Bamboo Shoots, Bean Sprouts, Corn, Nori Strips, Fish Cakes, Scallions, Tonkatsu Broth,

Chicken Miso Ramen 13.95
A rich and flavorful chicken broth with house special miso tare topped with roasted chicken, broccoli, carrots, corn, nori, sesame seeds and scallions
Egg Noodles, Roasted Chicken, Broccoli, Carrots, Corn, Nori Strips, Scallions, Toasted Sesame Seeds, Miso Broth,

Seafood Shoyu Ramen 13.95
A soy-based broth with roasted shrimp, surimi crab, bamboo slices, bean sprouts, fish cakes, nori, and scallions
Egg Noodles, Roasted Shrimp, Kani (Surimi Crab Sticks), Bamboo Shoots, Bean Sprouts, Nori Strips, Fish Cakes, Scallions, Shoyu Broth,

Sides

Miso Soup (Vg)(Gf)	\$2.95	Brown Rice (Vg)(Gf)	\$2.95
Hot Sour Soup (V)	\$4.95	White Rice (Vg)(Gf)	\$2.95
Brownie (V)	\$2.95	Sun Chips Harvest Cheddar	\$2.95
Herbed Focaccia Bread (V)	\$1.95	Sun Chips Garden Salsa	\$2.95
Seaweed Salads (Vg)(Gf)	\$5.95	Surimi Salad	\$6.95
 Kimchi (Vg)(Gf)	\$4.95		

Beverages

Fountain Water (Vg)(Gf)		Home Brewed Unsweetened	\$2.95	Dr. Pepper (Vg)(Gf)	\$2.95	Bottled Water (Fiji)	\$2.50
Strawberry Dragonfruit Refresher (Vg)(Gf)	\$2.95	Ice Tea (Vg)(Gf)		Root Beer (Vg)(Gf)	\$2.95	(Vg)(Gf)	
		Pepsi (Vg)(Gf)	\$2.95	Gingerale (Vg)(Gf)	\$2.95	Red Bull	\$3.50
Mandarin Cardamom Refresher (V)(Gf)	\$2.95	Diet Pepsi (Gf)	\$2.95	Bottled Water (Vg)(Gf)	\$1.00	Celsius	\$3.50
Pineapple Passionfruit Refresher (Vg)(Gf)	\$2.95	Mtn Dew (Vg)(Gf)	\$2.95	Sparkling Water	\$2.95		
		Starry (Vg)(Gf)	\$2.95	(San Pellegrino) (Vg)(Gf)			