

SIGNATURE SALADS

Each one has been carefully crafted using the freshest ingredients: local + seasonal vegetables, proteins + homemade recipe dressings.

- MICHIGAN SALAD (GF)**.....**11.95**
raspberry vinaigrette, chopped romaine, roasted chicken, honey roasted almonds, grape tomatoes, cucumber, crumbled blue cheese, dried cranberries. (470 cal.)
- FUELD COBB (GF)**.....**13.95**
balsamic vinaigrette, chopped romaine, roasted chicken, hard-boiled egg, bacon bits, apples, grape tomatoes, crumbled blue cheese, avocado. (616 cal.)
- SPARTAN CAESAR**.....**8.95**
fueld caesar dressing, chopped romaine, kale, grape tomatoes, herbed croutons, shaved parmesan, fresh lime. (368 cal.)
- LET IT GRAIN**.....**12.95**
spicy avocado poblano, farro, spinach, roasted steak, corn, red onions, quinoa, pico de gallo, mild cheddar, tortilla chips. (537 cal.)
- GREEK RUSH (GF)**.....**12.95**
greek dressing, chopped romaine, arugula, grape tomatoes, red onions, cucumber, kalamata olives, banana peppers, crunchy chickpea, feta cheese. (436 cal.)
- HONEY GINGER SALAD (V)(GF)**.....**10.95**
honey ginger dressing, baby spinach, chopped romaine, carrots, apples, onions, candied pecans. (322 cal.)



OR

CREATE YOUR OWN \$8.95

select from different bases (greens, noodles, farro) + house-made dressings

(SELECT UP TO 10)

STEP 1 BASE (SELECT BETWEEN 1 & 4)

- Baby Spinach (V) (Gf)
- Arugula (V) (Gf)
- Kale (V) (Gf)
- Chopped Romaine (V) (Gf)
- Wheat Noodles (V)
- Farro (V)
- No Base



STEP 2 ADD-INS (3 INCLUDED SELECT UP TO 10)

- Roasted Cauliflower (V) (Gf)
- Quinoa (V) (Gf)
- Red Onions (V) (Gf)
- Apples (V) (Gf)
- Sliced Mushrooms (V) (Gf)
- Carrots (V) (Gf)
- Beets (V) (Gf)
- Grape Tomatoes (V) (Gf)
- Cucumber (V) (Gf)
- Edamame (V) (Gf)
- Banana Peppers (V) (Gf)
- Crunchy Chickpeas (V) (Gf)
- Bell Peppers (V) (Gf)
- Roasted Broccoli (V) (Gf)
- Corn (V) (Gf)
- Kalamata Olives (V)(Gf)

STEP 3 PREMIUM GARNISH

- Avocado (V) (Gf) +2.00
- Bacon Bits (Gf) +1.40
- Tortilla Strips (V) +0.55
- Candied Pecans (V) +0.55
- Roasted Almonds (V)(Gf) +0.55
- Fresh Lime (V) (Gf) +0.55
- Herbed Croutons (V) (Gf) +0.55
- Sesame Seeds (V) (Gf) +0.55
- Pico de Gallo (V) (Gf) +2.00
- Fried Shallots (V) (Gf) +0.55

STEP 4 CHEESE (SELECT UP TO 4)

- Feta Cheese (Gf) +1.40
- Crumbled Blue Cheese (Gf) +1.40
- Shaved Parmesan (Gf) +1.40
- Cheddar Cheese +1.40

STEP 5 DRESSING

- Balsamic Vinaigrette (V) (Gf)
- Homemade Buttermilk Ranch (Gf)
- Fueld Caesar (Gf)
- Honey Ginger (V) (Gf)
- Raspberry Vinaigrette (V) (Gf)
- Greek Dressing (V) (Gf)
- Spicy Avocado Poblano (Gf)
- No Dressing

STEP 6 SELECT YOUR PROTEINS

- Roasted Steak (Gf) +4.90 (SELECT UP TO 4)
- Roasted Shrimp (Gf) +4.10
- Roasted Chicken (Gf) +3.35
- Hard Boil Eggs (Gf) +2.65
- Roasted Tofu (V) (Gf) +3.15
- No Proteins

*Bring your own dressing, we can toss it up for you

SIDES

- BROWNIE**.....**2.95**
revel in an ultra rich, epicurean chocolate aroma. Fueld's glossy, moist brownie is constructed with highly concentrated cocoa and crisp chocolate chips for an unforgettable savory treat. (470 cal.)
- HERBED FOCACCIA BREAD (V)**.....**1.45**
made by scratch using all natural ingredients no added preservative or additives (150 cal.)

KIDS

Customizable kid-sized stir-fry for kids 12 and under

- Garlic Parmesan Noodles**.....**\$5.95**
freshly made egg noodles tossed with garlic butter and parmesan
- Mini Stir Fry**.....**\$6.95**
create your own mini stir fry with 1 base, 1 add-in selection, and chicken



FUELD  **STIR FRY SALAD**